

The Sexy Vampire Cookbook

coats of mascara to each set of lashes. Check out my recipe for great lashes:

Kalina's Very Own Recipe for Great Lashes

- 1) Wash your face thoroughly to remove any excess oils from the areas around your eyes. Let your face dry.
- 2) Gently run the tip of your finger over each set of lashes back and forth a few times to separate the lashes.
- 3) Start with the bottom set of lashes of one eye, hold the mascara brush horizontal, and sweep the brush left and right on as many lashes as you can. The mascara will cling onto your lashes better this way than if you had brushed your lashes in an inward to outward motion at the outset. Sweep back and forth about four or five times. This should loosen all of the lashes that have clung together.
- 4) On the same eye and set of lashes, still holding the brush horizontal, sweep the brush in the usual base to tip motion, starting from the base of the lid to the very tips of the lashes. Make sure you get all of the lashes you got in step 3. Sweep up to down about four or five times. This is enough to give you a light coat of mascara on your lashes, but not enough to be considered a heavy coat. Separate your lashes with a lash comb.
- 5) Do steps 3 and 4 on the upper set of lashes of the same eye.
- 6) Do steps 3 to 5 on the other eye. Congratulations! You've completed one coat.
- 7) On successive coats (coats 2 and 3), ignore the first step. Move to the other eye again and do steps 4 to 6 until you finish your third coat. The goal of each coat is to make each lash you covered in a previous coat look longer and thicker. It is not unreasonable to end up with lashes that are a full 1/8" longer than those you started with.

Remember... Use LIGHT COATS of mascara! If your lashes get clumpy, you are using way too much mascara. Use an eyelash comb to separate

your lashes after each coat, but be careful that you don't accidentally pull off all of the mascara you've worked so hard at putting on.

For eyeshadow, you will have to experiment to find the best way to do your eyes. I'm Asian, so my way of doing eyes will be completely different from the way you do your eyes. I've seen too many Asian women end up looking horrible because a makeup artist used Caucasian makeup techniques on them. Go befriend a few makeup artists who have a track record of doing makeup for your ethnic background and get them to do your eyes for you. You'll be glad you did! See photo 3.

If you've concentrated on making your eyes look sensational so far, you will notice that your focal point is now your eyes; that is, if anyone were to look directly at you, they would first notice your eyes because they have been enhanced. A lot of women like to make themselves have wicked-looking, she-devil ("I'll eat you up"-type) eyes. They often forget that balance is the most important aspect of a beautiful face. Blush on the cheeks will minimize the sides of your face and is quite useful if you have a wide face. I am using L'Oreal Visuelle Powder Blush in this demonstration.

Blush and lipstick brings the focal point away from the eyes and more towards the center of the face. I like to pick a lipstick color with an extra touch to it, something that *hints* of a metal or a frost without being completely overbearing (remember, I hate frosts!). If you're into red-browns, you might like to try Revlon Sumptuous Bronze, Copperglaze Bronze, or Redwood lipsticks. These colors are my top three picks for inexpensive yet highly effective red-brown lipstick. See photo 4.

NEAT TIP:

I don't use lipliner, because I don't need it. Lipliner is useful if you experience "lipstick bleeding" around your lips. If you must wear lipliner and plan on smooching a lot, outline your lips first and then color your lips completely with lipliner. Color your lips with lipstick on top of the lipliner as a second and final coat.

After my makeup, I will get Mary to style my wig for me. A styled wig adds the right finishing touch to your overall facial look. Sometimes a girl's hair *makes* the girl, that is, a woman is sometimes perceived as more beautiful than another woman just because she has better hair and a better hairstyle. I chose a short curly/wavy wig that has simulated bangs and frames my face well. The wig is called

"Blaze" from Revlon's Adolfo Premier collection and is a steal at \$74. Mary is very critical about the realism of wigs and even she was impressed with Blaze. See photo 5.

Some of the other photos in the Sexy Pictures section show me wearing a long interweave-style wig called Felicia from René of Paris. Felicia allows me to use my own bangs as a part of the wig style. Any wig that can make use of your own hair will add much more realism to your look. My front bangs reach to about the middle of my nose, so I have plenty of hair to work with. Mary usually curls my bangs with a hot curling iron before weaving my hair into the hairs of Felicia. After my wig is styled, I may choose to touch up my makeup a little just to balance out my face with the style of the wig.

Finally, I add earrings and a jacket and I'm done. I don't wear clip-on earrings because the clip-on styles available to me are usually not as neat-looking or cool (kewl?) as the "real earrings." I like to take real earrings, break off the pins, and buff down the surfaces of the earring rests. To wear them, I will place a drop of 5-Second Nail Glue (like Crazy Glue, but for nails) on the earring rest and quickly position the earring onto my earlobe. The illusion of dangling earrings with this method is more realistic than wearing clip-ons. To remove the earrings, I will gently peel them off of my earlobes. This is much less painful than it sounds, since after a night of dancing and sweating, your earrings will peel off quite easily. Add a nice smile and you'll see some horny toads hanging around you in no time! See photo 6.

In closing this section, I'd like to give you my single best piece of advice, one that can save you a lot of future embarrassment:

REALLY NEAT TIP™ :

Don't wear makeup for more than 2 to 3 hours without a touchup. A crossdresser came up to me once and, seeking my approval, proudly stated that she had her makeup on for more than 12 hours straight without a single touchup. I nodded and smiled. Girlfriends, this crossdresser looked like a wax mannequin and I didn't have the heart to tell her! Remember, maintenance is every bit as important as initial application. After every 2 to 3 hours (or sooner depending upon the environment you're in), blot your face with a tissue or blotting paper if facial oils begin appearing underneath your foundation. Go over your face with a very light coat of pressed powder. Make sure your blush is still there (you may have to redo it). Correct any

smudges around your eyes and, most importantly, make sure your lips are perfect!

Breast Image

The sexiest breasts aren't necessarily the biggest breasts. Every man and woman has a different conception of what sexy breasts look like. For some body types and preferences, smaller is better. What big breasts do give you is the perceived illusion of deep cleavage even when no cleavage is shown. However, the illusion of appearing "balanced" is very important if you want to become a sexy vampire. There has to be realism in your image, otherwise you will be liked only by a few rather than many. For this reason, Dolly Parton and Pamela Anderson are both very sexy, but they are not everyone's image of a sexy vampire because not every man prefers the overly busty/tiny waisted look. Many men prefer a woman with curvy hips and a big butt over big breasts. Still others will prefer big boobs *and* a big butt.

The following breast shape illustration shows three typical breast shapes: smaller, average, and fuller. When selecting a breast form, you will want to have breasts that make you appear balanced. If your breasts look too small for your body, you may as well not wear any breast forms at all. If your breasts look too big, you will generate much unwanted attention.

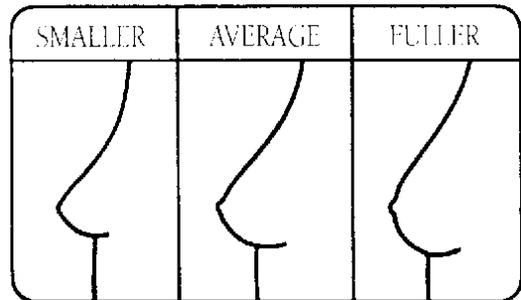


Figure 3 - Breast shape illustration.
Courtesy of Bali Company.

The illustration does not attempt to show the difference between an A and a C cup, although A and B cups would tend to look "smaller" and C cups would tend to look "average" or "fuller." D cups and beyond would definitely look "fuller." As a general rule, women with smaller body types should have breasts that are more towards an A cup whereas large heavysset women should have breasts that are a C cup or larger. Also, women in the extreme height ranges (under 5'1" or over 5'8") should have smaller

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breasts, possibly towards an A cup, especially if they are thin. Short and thin women usually don't have big breasts, so if you are short and thin, stick with A or B cups. If you are heavysset, choose a C cup or beyond. If you are tall and thin, you will not want big breasts because they will draw too much attention, especially given your height. Tall and heavy women should have breasts big enough to make them appear balanced, but not so big as to attract unwanted attention. B or C cups will work, but nothing larger.

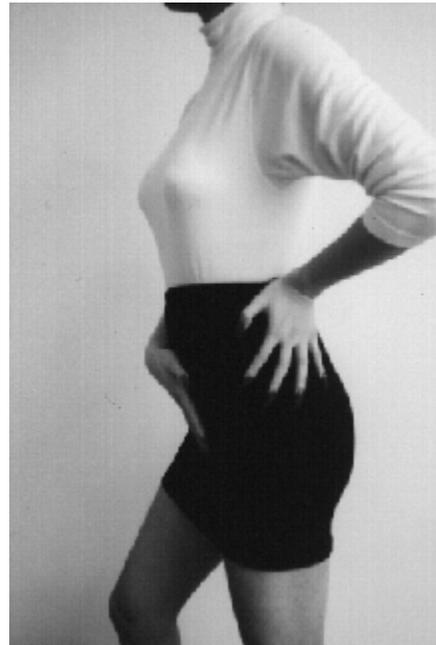
Sometimes the style of bra you wear can make a world of difference. The easiest way to see what I'm talking about is to take a look at the following pictures of me. The first picture shows me wearing my 36C/38B Mirage breasts in a black 38C Warner Lace Dressing #1093 bra. It is nonpadded and has a front clasp.

The nylon/spandex lace material is extremely soft, stretches, and feels wonderful against my skin. The shape of your breast forms will not be affected by this bra, although the underwire will pinch the edges of your forms, so don't wear this bra to sleep at night!

The second picture shows me in the same top, but this time wearing a white 36C Lilyette #0853, a heavily padded bra. The Lilyette bra was designed for smaller breasts, so it makes me look much bigger than the Warner bra (you can't really see the difference in the pictures, so you'll just have to trust me; there is a *big* difference). The Lilyette bra adds a little more than a full cup size to my current bra size, so my breasts actually reach a D cup when worn with this bra.



Picture 1 - Breast image with the Warner Lace Dressing #1093.



Picture 2 - Breast image with the Lilyette #0853.

I've lifted my top in the first picture to show the complete coverage of the bra. It hides my Mirages almost perfectly. The Lilyette relies on the pushup principle and, thus, looks better with my forms underneath clothing than exposed.

As I am a fan of big breasts (you can say I'm a "boob gal"), you might be wondering which bra I prefer. For realism, I wear the Warner Lace Dressing #1093; I get a lot fewer people simply staring at my chest. It's also a lot more comfortable, since it's a bigger size and the nylon/spandex lace material stretches more easily and is more comfortable against my skin. It has metal underwiring so your breast forms will stay in place and not fall out. It also has a front clasp so removing the bra is much easier than with back clasp bras. If you have attachable breast forms, this is the bra to get. It has the best feel and allows you to show off your breast form's true shape. I got a bunch of Warner Lace Dressing #1093 bras on sale for \$14 each, but normally they're \$20 each at department stores.

If your breast forms have nipples on them, the Warner Lace Dressing #1093 can show them off. Of course, having stiff nipples in the blazing heat of summer looks a bit ridiculous, so you will have to find a bra with molded cups if your forms have stiff nipples. I would suggest molded cup bras to wearers of nonattachable breast forms, since such bras will hold these types of boobs in place better. Bras made primarily of a satin material (and without molded cups) won't cut it, because they'll squash your nipples in and make your breasts look fake.

For increased breast size, I wear the Lilyette bra. The Lilyette bra has a maximum size of 36C (although I remember seeing a 38C once many years ago), so it won't fit everyone. When worn, the bra feels like cushioned battle armor. It has metal underwiring and a rubber grip lining all around the underwiring section and bra straps to give the wearer a nonslip feel. True to its advertisements, this bra won't move when worn. I would still wear attachable breast forms with this bra, because its pushup quality will tend to lift unattachable forms up and out of the bra cups over time.

A little known secret I've disclosed in *Tales* is the fact that the Lilyette bra has space between the outer lace covering and the inner padded cup. You can slip in a pair of silicone breast enhancer pads, such as the ones available through Frederick's for \$198, to give you a really nice soft look, boobs that will feel incredibly real. You will have to create two filler pads made of pantyhose filled with cotton and insert them underneath the silicone pads for best effect; this will pad out the original inner padded cup flat against your chest wall. This method will give you a great D cup look! Check out *Tales* for more on this method, but remember that this method will

work only with breast enhancer pads, not breast forms, because breast forms are too big to fit into the Lilyette bra cup pockets.

The lace of the Lilyette #0853 is not a stretch lace and does not feel as nice as the lace of the Warner Lace Dressing #1093. The rubber grips will feel a little irritating in the summer heat as you will see. When worn in a cool environment, this bra is excellent. When I attach my Mirage breast forms onto my body with prosthesis adhesive, the instructions tell me to wear a tight-fitting bra to help the adhesive to dry; the Lilyette #0853 is the bra I use. It has multi-purpose flexibility and is only \$27 each at department stores.

Oh, yes, because I am a vain bitch, I'm going to show you a picture of a professional model I've come across in an article in *Glamour* magazine. My body is very similar to hers (see Picture 3). It struck me as funny because just after I had my bra pictures done, I saw this "body double" wearing a similar style of clothing to what I wore.

Which Bra Should You Wear?

For a big boob look, wear the Lilyette #0853.

For maximum comfort and realism, wear the Warner Lace Dressing #1093.

NEAT TIP:

If you sleep with your breast forms on like I sometimes do, you should wear a sports bra. Sports bras don't have any underwiring, so they won't damage your forms in the long run, are extremely comfortable, and offer a lot of support. Sports bras work best with attachable breast forms. I recommend the Victoria Secret #8074 (\$32) or the Bali Activewear #95604 (\$24). If you plan on sleeping on your stomach, place two thin pillows underneath your stomach, just below your forms, and two thin pillows underneath your head, just above the forms. This elevation will prevent your breast forms from getting squashed and possibly damaged.